

Work Experience Touchback Day 1

Name:

WEX Location:

Task 1

On the last page you will find a list of employability skills. Reflecting on your current WEX check off the skills that you think are important for or that relate to your specific place of employment.

Task 2

Choose one skill from each of the 11 major sections and give an example of how you demonstrate that specific skill. If you can't think of an example from work, then use an example from school or home.

Communicate	
<i>Write and speak so others pay attention and understand</i>	<i>I answer telephone calls and take accurate messages.</i>
<i>Provide your own examples below</i>	
Communicate	
Manage Information	

Use Numbers

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Think & Solve Problems

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Demonstrate Positive Attitudes and Behaviours

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Be Responsible

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Be Adaptable

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Learn Continuously	
Work Safely	
Work With Others	
Participate in Projects and Tasks	

Employability Skills 2000+

The skills you need to enter, stay in, and progress in the world of work—whether you work on your own or as a part of a team. These skills can also be applied and used beyond the workplace in a range of daily activities.

Fundamental Skills The skills needed as a base for further development	Personal Management Skills The personal skills, attitudes and behaviours that drive one's 'potential for growth	Teamwork Skills The skills and attributes needed to contribute productively
<p><i>You will be better prepared to progress in the world of work when you can:</i></p> <p>Communicate</p> <ul style="list-style-type: none">• read and understand information presented in a variety of forms (e.g. words, graphs, charts, diagrams)• write and speak so others pay attention and understand• listen and ask questions to understand and appreciate the points of view of others• share information using a range of information and communications technologies (e.g., voice, e-mail, computers)• use relevant scientific, technological and mathematical knowledge and skills to explain or clarify ideas <p>Manage Information</p> <ul style="list-style-type: none">• locate, gather and organize information using appropriate technology and information systems• access, analyze and apply knowledge and skills from various disciplines (e.g., the arts, languages, science, technology, mathematics, social sciences, and the humanities) <p>Use Numbers</p> <ul style="list-style-type: none">• decide what needs to be measured or calculated• observe and record data using appropriate methods, tools and technology• make estimates and verify calculations <p>Think & Solve Problems</p> <ul style="list-style-type: none">• assess situations and identify problems• seek different points of view and evaluate them based on facts• recognize the human, interpersonal, technical, scientific and mathematical dimensions of a problem• identify the root cause of a problem• be creative and innovative in exploring possible solutions <ul style="list-style-type: none">• readily use science, technology and mathematics as ways to think, gain and share knowledge, solve problems and make decisions• evaluate solutions to make recommendations or decisions• implement solutions• check to see if a solution works, and act on opportunities for improvement	<p><i>You will be able to offer yourself greater possibilities for achievement when you can:</i></p> <p>Demonstrate Positive Attitudes & Behaviours</p> <ul style="list-style-type: none">• feel good about yourself and be confident• deal with people, problems and situations with honesty, integrity and personal ethics• recognize your own and other people's good efforts• take care of your personal health• show interest, initiative and effort <p>Be Responsible</p> <ul style="list-style-type: none">• set goals and priorities balancing work and personal life• plan and manage time, money and other resources to achieve goals• assess, weigh and manage risk• be accountable for your actions and the actions of your group• be socially responsible and contribute to your community <p>Be Adaptable</p> <ul style="list-style-type: none">• work independently or as a part of a team• carry out multiple tasks or projects• be innovative and resourceful: identify and suggest alternative ways to achieve goals and get the job done• be open and respond constructively to change• learn from your mistakes and accept feedback• cope with uncertainty <p>Learn Continuously</p> <ul style="list-style-type: none">• be willing to continuously learn and grow• assess personal strengths and areas for development• set your own learning goals• identify and access learning sources and opportunities• plan for and achieve your learning goals <p>Work Safely</p> <ul style="list-style-type: none">• be aware of personal and group health and safety practices and procedures, and act in accordance with these	<p><i>You will be better prepared to add value to the outcomes of a task, project or team when you can:</i></p> <p>Work with Others</p> <ul style="list-style-type: none">• understand and work within the dynamics of a group• ensure that a team's purpose and objectives are clear• be flexible: respect, be open to and supportive of the thoughts, opinions and contributions of others in a group• recognize and respect people's diversity, individual differences and perspectives• accept and provide feedback in a constructive and considerate manner• contribute to a team by sharing information and expertise• lead or support when appropriate, motivating a group for high performance• understand the role of conflict in a group to reach solutions• manage and resolve conflict when appropriate <p>Participate in Projects & Tasks</p> <ul style="list-style-type: none">• plan, design or carry out a project or task from start to finish with well-defined objectives and outcomes• develop a plan, seek feedback, test, revise and implement• work to agreed quality standards and specifications• select and use appropriate tools and technology for a task or project• adapt to changing requirements and information• continuously monitor the success of a project or task and identify ways to improve
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